

Historic Queen City Walk / Run For Life

"Many in Motion for the Good of All"



8th Annual

5K

WALK / RUN

PLUS 1 MILE FUN WALK/RUN
& LOLLIPOP RUN

SATURDAY
13 OCTOBER 2018

Event Begins at 8am
Plainfield City Hall

515 Watchung Ave Plainfield NJ

Plainfield - Queen City

5K Walk/Run

est. 2011



MORE INFO & REGISTRATION
WWW.PLAINFIELDWALKRUN.COM
PLAINFIELDWALKRUN@GMAIL.COM

All Walkers &
Runners are Welcome!

5K - \$20
\$25 after Oct. 8th
1 Mile Fun Run - \$10
\$15 after Oct. 8th

Awards,
Vendors,
Bands &
More!

One Mile
Start Time 9:00 AM
5K (3.1 mile)
Start Time 9:30 AM



All Proceeds Will Benefit Community Non Profit Causes and Scholarships!



8th Annual HISTORIC QUEEN CITY WALK/RUN FOR LIFE

"Many in Motion for the Good of All"

BIB# _____ Official Entry Form (date 10/13/18; 8:00AM)

(One form per registrant, please) **Pre-Registration Ends on October 8, 2018**

Last Name _____ First Name _____

Date of Birth (MM/DD/YY) _____ Race Day Age _____ Gender (M/F) _____

Street Address _____ Apt. No. _____ City _____ State _____ ZIP _____

Daytime Phone Number _____ Email Address _____

T-Shirt Size _____ (First 200 Registrants Guaranteed)

Entry Fees: Make Checks payable to: Plainfield-Queen City Historic Walk/Run

Pre-Registration (Until 10/8): _____ \$20.00 (5K) _____ \$10.00 (1M Fun Walk)

Registration (After 10/8): _____ \$25.00 (5K) _____ \$15.00 (1M Fun Walk)

Also running as member of a team? Y___ N___ If Yes check Division and team name.

TEAM DIVISIONS (must have at least 4 participants to qualify for male, female, or co-ed teams. Top 4 times added per team determine overall team score. Lowest combined team time wins.)

- Police vs Fire person: (list Fire House or Police Precinct) _____
- Churches, Mosques, Temples, or other place of worship:
SPECIFIC NAME of place of worship _____
- Fraternities/Sororities/Service Organizations:
Specify name of organization _____
- Other (Any 4 male or female) As above, must have at least 2 competitors in this Division per gender:
List name of team/group (representing) _____

**(Pre registration must be received by October 8, 2018). Mail entry form & payment to:
Plainfield-Queen City Historic Walk/Run, P.O. BOX 5001, PLAINFIELD, NJ 07060
OR drop off (only with checks/money orders) at Plainfield City Hall Annex, Recreation Department**

How did you hear about this event? _____

Race start time/place: 1 Mile 9:00AM; 5K 9:30AM/Plainfield City Hall.

Questions? email: plainfieldwalkrun@gmail.com or go to: www.PlainfieldWalkRun.com

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

IN CONSIDERATION of my participation in the *Plainfield Historic Queen City Walk / Run for Life* event (the "Event"), I, for myself, and on behalf of my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement"); (1) I hereby represent that (i) I am in good health and in proper physical condition to participate in the Event; and (ii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event; (2) I understand and acknowledge the physical and mental rigors associated with this type of event, rigorous running and walking, are inherently dangerous and represent an extreme test of a person's physical and mental limits.

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT – CONTINUED

I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, permanent disability, paralysis and death; loss or damage to property; possible exposure to extreme conditions and circumstances; accidents, illness, contact or collision with other participants, spectators, vehicles or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course conditions; water, road and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined harm or damage which may not be readily foreseeable, and other presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the acts, inaction or negligence of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in the Event. (3) I agree to be familiar with and abide by the Rules and Regulations, if any, established for the Event. I also accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my current physical state, condition and equipment if any. (4) I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: the City of Plainfield, Plainfield Grassroots CDC, the Plainfield Board of Education, the Event Organizers and Promoters, Race Directors, Sponsors, Advertisers, Local Organizing Committee, Venues and Property Owners upon which the Event takes place, Law Enforcement Agencies and other Public Entities providing support for the Event, and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and Collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("Liability") which may arise out of, result from, or relate to my participation in the Event, including claims for Liability caused in whole or in part by the negligence of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liability which may be incurred as the result of such claim. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

I hereby warrant that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the minor, my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement freely and voluntarily, without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

PRINTED NAME OF PARTICIPANT: _____ AGE: _____

DATE OF BIRTH: _____

PARTICIPANT'S SIGNATURE: _____ DATE: ____/____/____

IF PARTICIPANT IS UNDER AGE 18 REQUIRED:

I am the parent or legal guardian of the Participant, a minor, who has signed The RELEASE AND WAIVER above. As the Parent and/or Legal Guardian to the minor identified above, I have read and hereby accept and agree to all of the terms and conditions of this Agreement in connection with the minor's participation in the Event(s). I hereby further certify, acknowledge and agree that, in conjunction with the Event, I will directly supervise the Participant during his or her participation in the *Plainfield Historic Queen City Walk / Run for Life*. If, despite this Agreement, I, or anyone on the minor's behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

PARENT/GUARDIAN SIGNATURE (required if participant is under the age of 18):

PARTICIPANT'S PARENT/GUARDIAN SIGNATURE: _____